



# Salt hill Pub

Honest Food. Perfect Pints. Living Music.

Open 7 Days  
Mon-Sat 11am-Close  
Sun 12pm-9pm

Ph - (603) 298-5566

## Starters

### From the Kettle

Enjoy one of our selection of hot soups & stews - cup 3.99 / bowl 5.99

#### Soup of the Day

#### Beef & Guinness Stew

A classic from day one, hearty and filling  
*try the Beef Stew entrée 10.99*

#### Firehouse Chili

Topped with cheese & red onion

### Fried Brussels Sprouts

Flash fried Brussels sprouts, with  
bacon and shaved parmesan  
small order 5.99 / Family order 10.99

### Pub Pretzel

Jumbo baked pretzel served with  
cheddar ale & Pub sauce 9.99

### ☘ Judy's Hand-battered Rings

Onion, green pepper or both 5.99 / 7.99

### Buffalo Cauliflower (V)

Fried cauliflower florets tossed in our  
Buffalo wing sauce 8.99

### Tenders & Fries

Two tenders & a side of fries 8.99

### Salt hill Nachos

Topped with shredded Jack, jalapenos,  
sour cream and homemade salsa  
small 6.99 / large 11.99

### Pork Nacho add pulled pork BBQ

**Black Bean Nacho** add spicy black beans

**Loaded Nachos** black beans & pork 12.99

### ☘ Salt hill Pub Wings

Eight of our famous chicken wings (bone-  
in or boneless) with carrots & celery sticks  
and your choice of finish - 10.99

*Classic & Extra Hot Buffalo / Spicy Garlic  
Honey BBQ / Verda Mae Dusted /  
Sweet Thai Chili*

## All Things Green & Leafy

Dressings include spicy Honey-Dijon, Blue  
Cheese, Ranch, 1000 Island, Italian, Greek,  
Balsamic Vinaigrette  
*(all salads are GF without the dinner roll)*

### Salt hill Town Green Salad

Simply: fresh greens, tomatoes, cucumber  
and red onion  
Full Size 9.99 / Half-size 5.99

Make your Town Green something  
special:

### Buffalo Chicken Salad

Spiced up with grilled buffalo chicken  
breast and crumbled gorgonzola cheese  
14.99 / 9.99

### \* Asian Salmon Salad

Cucumber, shredded carrot, pickled  
onions, crispy chow mein noodles, with  
grilled salmon glazed with spicy Asian  
sauce & sesame seeds  
15.99 / 11.99

### ☘ Salt hill Chop Salads

Topped with artichoke hearts, pickled red  
onion crumbled gorgonzola and your  
choice of:

**\*Steak Chop** - Grilled sirloin steak and  
bacon 17.99 / 12.99

**Classic Chop** - Grilled chicken breast and  
bacon 14.99 / 9.99

**Vegetarian Chop** - Grilled Portabella  
mushroom 12.99 / 8.99

### Salt hill Hummus Plate (V)

Our house hummus served with grilled  
pita, fresh spring mix, pickled red onions,  
cucumbers, grape tomatoes, Kalamata  
olives, & spicy whipped feta 12.99  
*(GF without pita)*

Dress-up your salad with any of the following

**Grilled Chicken Breast** 4.99

**Grilled Sirloin** 5.99

**Grilled Salmon, Tuna or Shrimp** 5.99

**Grilled Portobello Mushroom** 3.99

*\* The consumption of raw or undercooked  
meat, poultry, shellfish or eggs may increase  
your risk of foodborne illness.*

## Hot & Cold Sandwiches

All sandwiches are served with homemade  
potato chips and on your choice of Marble  
Rye, Multigrain, Sourdough or **Gluten Free**  
bread with pub sauce.

*Substitute hand-cut Pub fries, Sweet Fries,  
fried Brussel sprouts or Onion Rings 1.79*

### North Country BLT

North Country bacon, lettuce, tomato &  
mayo on toasted sour dough bread 9.99

### ☘ Aric's Grilled Reuben

Loaded with corned beef, sauerkraut,  
Swiss & 1000 island 10.99

**Meggin's Sandwich (V)** - classic Reuben  
made with a veggie burger 9.99

### Pulled Pork BBQ Sandwich

Swimming in tangy BBQ, topped melted  
cheddar and a side of coleslaw 8.99

### California Club

Toasted sour dough with melted white  
cheddar, Pub sauce, tomato, red onion,  
greens and guacamole 8.99

with **Grilled Chicken Breast** 12.99

with **Grilled Portabella Mushroom** 10.99

### The Slammin' Salmon

Grilled North Atlantic salmon drizzled  
with honey Dijon, with tomato,  
guacamole, pickled onions and sliced  
hardboiled egg in a spinach wrap 13.99

### Philly Steak Bomb

Shaved steak with onions, peppers,  
mushrooms, mayo & cheddar, with hand-  
cut Pub fries 10.99

### \*Galway Grinder

Grilled Roast Beef topped Irish Porter  
Cheese, caramelized onions & candied  
bacon, with our hand-cut Pub fries 14.99

### ☘ \*Salt hill Tacos

Two flour tortillas with shredded lettuce  
and fresh cabbage, banana pepper &  
onion slaw, salsa, crumbled feta and  
guacamole

with **grilled Tuna** 13.99

with **grilled Shrimp** 13.99

with **grilled Portobello Mushroom** 11.99

☘ = Salt hill Specialty  
02/2020

## \*Burgers, Etc.

Our famous half-pound sirloin burger grilled  
to your liking, topped with lettuce, tomato, red  
onion, pickles, Pub Sauce and served with our  
hand-cut Pub fries on a toasted bulky.

*Substitute hand-cut Pub fries, Sweet Fries,  
fried Brussel sprouts or Onion Rings 1.79*

*Substitute a Garden Burger or chicken breast on  
any burger 1.00*

**\*Basic Burger** Simply a classic 10.99

**\*Brewhouse Burger** Swiss cheese, beer  
simmered onions, sautéed mushrooms 12.99

☘ **\*The Jake** Piled high with bacon,  
cheddar and a fried egg 12.99

### \*Sunnymede Farm Burger

As locally sourced as we could make it! A half-  
pound, 100% local raised, Angus burger from  
Sunnymede Farm in Hartland, VT. With  
Cabot sharp white cheddar and North  
Country bacon 16.99

**Sub a Sunnymede Burger on any burger \$3**

## Main Plates

### \*Sirloin Steak (GF)

12oz NY Sirloin cooked to choice, topped  
with garlic herb butter, served with your choice  
of starch and seasonal vegetables 23.99

**\*Make it Black n' Blue** - cajun spices,  
gorgonzola and crispy bacon bits 25.99

### Mac and Cheese

Creamy three-cheese sauce tossed with  
Cavatappi pasta and Ritz cracker topping  
Half size 6.99 / Full size 11.99

Grilled chicken & buffalo sauce 7.99 / 13.99  
BBQ Pulled Pork & BBQ sauce 7.99 / 13.99

### ☘ Salt hill Fish & Chips

Fresh, beer-battered haddock fillet and hand-  
cut Pub Fries with homemade slaw, the best  
Fish & Chips in New Hampshire! 15.99

### Caleb's Meatloaf

Homemade meatloaf smothered in gravy, with  
mashed potatoes & seasonal veggies 14.99  
**Black & Blue** - add melted gorgonzola and  
crispy bacon bits 16.99

### Roast Pepper Flat Bread (GF/V)

Toasted flatbread topped with hummus,  
roasted red, yellow and orange peppers,  
artichoke hearts, red onions, with crumbled  
feta and a drizzle of balsamic glaze 13.99  
*Add grilled chicken breast 16.99*

## Happy Hour Menu

Monday – Friday 3pm-6pm  
& All Day Sunday

### Small Plates Menu

\$4.50 each

#### Mini Fish & Chips

Our classic Fish & Chips, just snack size and still the Best in New Hampshire!

#### Chicken Tenders

2 of our classic boneless tenders with your choice of sauce

#### Chili Cheese Fries

Our hand-cut Pub fries slathered firehouse chili & Shredded Cheese

#### Hummus & Spicy Whipped Feta

Grilled pita with cucumbers, pickled red onion, olives, homemade hummus and spicy whipped feta

#### Black Bean or BBQ Pulled Pork Nachos

With sour cream, & homemade salsa

#### Town Green Salad (V)

House salad of fresh greens, tomato, cucumber & onions

#### Bowl of Firehouse Chili

Topped with melted cheese & chopped onion served with homemade cornbread

#### Buffalo Cauliflower (V)

Fried cauliflower tossed in our Buffalo wing sauce

#### Beef & Guinness Stew or Soup of the Day

A bowl of our famous homemade stew or a bowl of one of our great soups of the day

### WINE AND BEER SPECIALS

\$4.50 pints on great select  
New England Craft Beers

Including Switchback, UFO, Frye's Leap, Sam Adams Seasonal, Angry Orchard Unfiltered & Great North Moose Juice.

Please see our daily specials menu and look for the (HH) symbol for a complete list of Happy Hour beers.

\$1 off house wines

**\*\*No substitutions\*\***  
**\*\*Dine-in Only\*\***



## Salt Hill West Lebanon

5 Airport Road  
W. Lebanon, NH 03784  
603.298.5566  
www.salthillpub.com

**Honest Food.**  
**Perfect Pints.**  
**Living Music.**

Salt Hill Pub is an ideal, smoke-free gathering place for friends and family, proudly owned and operated by brothers Joe and Josh Tuohy. Joe and Josh have been offering their inspired blend of honest Irish-American comfort food, perfect pints, good humor and living music since June 2003 at the pub in Lebanon. In February 2007 we opened Salt Hill Pub on Main Street in Newport, February 2010 saw the introduction of Salt Hill Pub in Hanover, and in December 2014 our 4<sup>th</sup> Pub at the base of Mt Sunapee opened. Our newest Pub, located on Route 12A in West Lebanon, opened in April of 2017.

Salt Hill Pub is named for a neighborhood in Galway, Ireland, home of our grandparents. Today, much of what we know about good food and good people comes from "Ma Tuohy." Stop by anytime for great pub fare and lively conversation and you'll know what we mean when we say "Welcome to Salt Hill."



Tom and Judy Tuohy



Joe, Josh and Matt Tuohy



Check out  
**Twice on Sundae**  
Serving great Shaine's of  
Maine ice cream and NH's  
own Woodshed Coffee  
Roasters coffee.

**On the Mall in Lebanon!**

## Fundraising with Salt Hill Pub

Salt Hill has a long tradition of supporting local charities, youth sports teams and non-profits.

Please feel free to speak with a manager about arranging a fundraiser night today!

## Full-service catering... Our place or yours!

We'd love to host your next business luncheon, holiday gathering, birthday party, reunion, rehearsal dinner, or any other special event at Salt Hill Pub.

Our restaurants offer unique settings for most any occasion, and we are also happy to cater your event off-site.

Salt Hill Pub is licensed to provide full bar service for off-site functions in New Hampshire. We pride ourselves on responsible, efficient and safe alcohol service for all functions

Please feel free to call, email or stop by Salt Hill Pub to speak with us about menus, pricing and planning. We look forward to serving you!

**Lebanon**  
2 West Park Street  
Lebanon, NH 03766  
603-448-4532

**Newport**  
58 Main Street  
Newport, NH 03773  
603-863-7774

**Hanover**  
7 Lebanon Street  
Hanover, NH 03755  
603-676-7855

**The Shanty**  
1407 New Hampshire Rte 103  
Newbury, NH 03255  
603-763-2667

**West Lebanon**  
5 Airport Road  
West Lebanon, NH 03784  
603-298-5566

Where possible, we endeavor to support local farms and food providers, including:

Sunnymede Farm, VT  
North Country Smokehouse, NH  
Pineland Farms Dairy, ME  
Mitchell's Fresh, NH  
Cabot Cheeses, VT  
Shain's of Maine Ice Cream, ME  
Wyman's Blueberry Farm, ME  
Maine Root Beer, ME  
Kinneally Meats, MA  
Woodshed Coffee Roasters, NH  
McClure's Honey & Maple, NH