



Mt. Sunapee, NH

# Salt hill Pub

Honest Food. Perfect Pints. Living Music.

## Hoisting the Sails

Open 7 Days  
11am - Close

Ph 603-763-2667

### Irish Poutine

Hand-cut fries topped with shaved corned beef, Guinness gravy and cheddar curds... 11.99

### Buffalo Chicken Dip

Homemade blend of hot and spicy buffalo chicken and melted cheese topped with cracker crumbs served with tortilla chips... 9.99

### ♣ Stuffed Potato Kegs

Deep fried jumbo tater tots stuffed with potato, bacon and cheese, served with sriracha ketchup for dipping... 8.99

### ♣ Judy's Hand-battered Rings (V)

Onion, green pepper or both SM 6.99 / LG 8.99

### Wings & Chicken Tenders

Our famous jumbo chicken wings or boneless tenders served with carrots and celery  
8 wings or 4 tenders... 9.99

Verde Mae Dusted, Buffalo or Honey-Sriracha

### Shanty Pub Pretzel (V)

Jumbo baked pretzel lightly salted and served with homemade cheddar ale cheese sauce and Pub sauce for dipping... 9.99

### Edamame Dumplings (V)

Fried wontons stuffed with edamame, mushrooms, ginger, shredded cabbage and carrots, served with sweet chili sauce... 9.99

### Salt hill Nachos

Topped with shredded jack, jalapenos, sour cream and homemade salsa... 9.99  
Homemade spicy black beans (V)... 10.99  
Add Chicken... 11.99  
Add BBQ Pulled Pork... 12.99

### ♣ Fried Brussels Sprouts

Flash fried Brussels sprouts tossed with shaved Parmesan and crispy bacon bits  
Individual order... 5.99 / Family order... 8.99

### Southwest Eggrolls

Three crispy eggrolls filled with spicy chicken, black beans, corn and pepper jack cheese, served with a side of chipotle mayo... 8.99

## Color it Green

Dressings include:

*Balsamic Vinaigrette, Italian, Bleu Cheese, Ranch, 1000 Island, Honey Dijon*

### The Mountain Green

Simply: fresh greens, tomatoes, cucumber and red onion... 6.99

### Hummus Plate (V)

Fresh greens, onion, cucumber, tomato, feta, Kalamata olives, grilled flat bread and our homemade roasted red pepper and garlic hummus... 10.99

### Salt hill Cobb Salad

Fresh mixed greens topped with grilled chicken, warm bacon, chopped tomatoes, crumbled blue cheese, hardboiled egg, green onions and guacamole... 12.99

### ♣ Maggie's Black Bean Salad (V)

Fresh greens topped with homemade spicy black beans, Monterey Jack cheese, sour cream & homemade salsa in a house tortilla bowl... 10.99  
add homemade guacamole... 2.99

### Caesar Salad

Crisp Romaine hearts chopped and mixed with croutons, Parmesan cheese and chopped bacon then tossed with creamy Caesar dressing... 10.99

### Stuffed Portobello (V) (GF)

Balsamic marinated Portobello stuffed with roasted red peppers, artichokes and spinach and topped with melted parmesan cheese... 14.99  
add Chicken... 3.99  
add Steak or Shrimp... 4.99

### Add to any salad

Homemade guacamole... 2.99  
Grilled Portabella... 2.99  
Grilled chicken breast... 3.99  
Steak, Salmon or Shrimp... 5.99

*\*The consumption of raw or undercooked meat, poultry, shellfish or eggs may increase your risk of foodborne illness.*

## Shanty Supper Club

### The Shanty Special \*

12-ounce NY sirloin grilled to your liking, topped with bacon jam and served with your choice of potato and the vegetable of the day...23.99

### Shanty's Whiskey Tips \*

Tender steak tips marinated in our homemade whisky sauce, grilled to your liking served with hand-cut fries and fresh vegetables... 22.99

### Mediterranean Pasta #

Fresh spinach, Kalamata olives, roasted green peppers, and feta cheese tossed in garlic, white wine sauce over cavatappi pasta... 12.99  
add grilled chicken... 3.99  
add steak, salmon or shrimp... 5.99  
*#Also available as a cold pasta option*

### Cabot Cheddar Mac & Cheese

Our new version of an old classic. Cavatappi pasta baked in Cabot cheddar cheese sauce and topped with cracker crumbs, served with a side salad.... 11.99

*add chopped bacon... 1.99  
add BBQ pulled pork... 2.99*

### Savory Salmon \*

Atlantic salmon with sweet and spicy honey-Sriracha glaze served with fresh seasonal vegetables and mashed potatoes... 16.99

### ♣ Salt hill Fish & Chips

Smithwick's beer-battered haddock fillet with hand-cut Pub fries... 15.99

### Shanty Pot Roast

Classic comfort food - served with your choice of mashed potatoes, baked potato, or hand-cut Pub Fries and vegetables, swimming in homemade gravy... 14.99

## Dive into the Deli

Served with homemade potato chips  
*Substitute hand cut Pub or Sweet fries...1.50  
Judy's Onion or Pepper Rings... 2.00  
Fried Brussel sprouts... 2.00*

### Crazy Quesadilla

Grilled shaved steak, onions, peppers, mushrooms & cheddar ale sauce in a tortilla, with a side of pub chips... 12.99

### The Mayor

Grilled Black Forest ham, Swiss, sliced apples and honey mustard on grilled sourdough, served with homemade potato chips... 10.99

### Cali or the Cape?

Tortilla wrap stuffed with lettuce, tomato, onion, bacon and smoked turkey... 11.99  
The Cali - add guacamole  
The Cape - add cranberry mayonnaise

### ♣ Steve's Classic Reuben

Grilled corned beef, sauerkraut, Swiss & 1000 island stuffed between marble rye... 10.99  
*Substitute a garden burger and try the Meggin's Sandwich*

## Shanty All-Star Burgers

Our half-pound sirloin burgers are topped with fresh lettuce, tomato, red onion, pickles & Pub sauce and served with hand-cut Pub fries  
Substitute Sweet fries... 1.50  
Judy's Onion or Pepper Rings ... 2.00  
Substitute any burger with a Garden Burger (V) ... 1.00

### Big Jim Basic Burger \*

Just like it sounds...It's Big...It's Basic... 9.99

### ♣ The Jake \*

Bacon, cheddar & a fried egg... 12.99

### Chipotle Bacon Burger \*

Bacon jam, melted cheddar cheese & chipotle mayo... 11.99

### BBQ Pulled Pork Sandwich

Our homemade BBQ pulled pork on a toasted bulky topped with coleslaw and cheddar cheese ... 10.99

### Haddock Sandwich

Beer battered haddock on a toasted bulky with cheddar cheese, tartar sauce, fresh lettuce, and tomato... 13.99

### Chicken Farmer I Still Love You

Sliced sweet Italian sausage and diced chicken smothered with caramelized onions, roasted red peppers, mushrooms and cheddar cheese... 11.99

## The Shanty Chalet

By Lynne Tuohy

Article originally appeared in the *SooNipi Magazine*



For decades, the Shanty Chalet was the social hub of the Sunapee region – a place where Tom Tuohy talked, and Judy Tuohy listened.

Many regulars fondly describe it as the original “Cheers,” long before the television series – a place where everyone knew your name and a great conversation was a guarantee. Frank MacConnell, now owner of the neighboring Skinner’s Ski Shop, said when he’d return to the area from college, the Shanty was his first destination.

“The one thing I wanted to do was stop by the Shanty and say hello to people I hadn’t seen in who-knows-how-long and have a few words with Tom Tuohy,” Frank said. “That was the place we would show up after being gone for months to catch up with everyone. That’s where you could find everyone.”

With six children, Tom and Judy made the Shanty an extension of the Tuohy family home. A section of the restaurant was gated so Judy could watch over Tuohy toddlers while flipping steaks and burgers on the grill. The five brothers and I grew up sweeping floors, waiting tables, cooking and bartending. It was an education in people skills no school could teach.

Now, two decades after the family business closed, brothers Joe and Josh Tuohy have bought and reopened the restaurant on the site of the old Shanty. The pair never left the hospitality business and founded Salt hill Pub in Lebanon in 2003, followed by Salt hill Pub in Newport in 2007 and another Salt hill Pub in Hanover in 2010.

As this magazine went to print, Salt hill Pub at Mt. Sunapee was poised to open in mid-late December to much buzz about the return of the Tuohys.

“I can’t wait for the next Shanty to happen,” MacConnell said.

*Lynne Tuohy is an award-winning journalist, incredible mom, and the best big sister you could ask for. She also pours a mean pint of Guinness.*

## Draft Beer

### Irish Classics

Guinness Stout Smithwick’s Irish Amber

Smuttynose Finestkind IPA, Portsmouth, NH  
Harpoon IPA, Windsor, VT  
Samuel Adams Seasonal Boston, MA  
Switchback Unfiltered Ale, Burlington, VT  
Blue Moon Belgian White, Golden, CO  
Downeast Original Hard Cider, Boston, MA

Coors Light, Rocky Mountains

### Guest Pours

So many great beers, so little time... Please ask your server about our seasonal & guest draft offerings from the best breweries in New England and beyond.

Don’t see your favorite pint here?  
Let us know!

Bottled Beer

Heineken, Amsterdam  
Corona/Corona Light, Mexico  
Michelob Ultra, St Louis, MO  
O’Douls, Non-Alcoholic, St Louis, MO  
Kaliber, Non-Alcoholic, Dublin, Ireland

Bud/Bud Light, St Louis, MO  
Miller Lite, Milwaukee, WI

Pabst Blue Ribbon, Milwaukee, WI  
Narragansett, Cranston, RI

### Non-Alcoholic Beverages

Proudly serving Coca-Cola, Diet Coke, Sprite,  
Ginger Ale, Iced Tea, Lemonade, Milk,  
Chocolate Milk

Root Beer and Orange Soda (bottle)

Please ask your server for a full list of our wine  
and cocktail selections.

### Happy Hour

Monday to Friday 3-6 P.M.

Check our daily specials every week



Mt. Sunapee, NH

**Thank you!**

## Full-service catering

### Our place or yours!

We’d love to host your next business luncheon, holiday gathering, birthday party, reunion, rehearsal dinner, or any other special event at Salt hill Pub.

Our restaurants offer unique settings for most any occasion, and we are also happy to cater your event off-site.

Please feel free to call, email or stop by Salt hill Pub to speak with us about menus, pricing and planning. We look forward to serving you!

Mt. Sunapee  
603-763-2667

Lebanon  
603-448-4532

Newport  
603-863-7774

Hanover  
603-676-7855

West Lebanon  
603-298-5566

## Honest Food. Perfect Pints.

### Living Music.

Salt hill Pub is an ideal, smoke-free gathering place for friends and family, proudly owned and operated by brothers Joe and Josh Tuohy. Joe and Josh have been offering their inspired blend of honest Irish-American comfort food, perfect pints, good humor and living music since June 2003 at the pub in Lebanon. In February 2007 we opened Salt hill Pub on Main Street in Newport, February 2010 saw the introduction of Salt hill Pub in Hanover, and in December 2014 our 4<sup>th</sup> Pub at the base of Mt Sunapee opened. Our 5<sup>th</sup> location in West Lebanon opened in the spring of 2017.

Salt hill Pub is named for a neighborhood in Galway, Ireland, home of our grandparents. Today, much of what we know about good food and good people comes from “Ma Tuohy.” Stop by anytime for great pub fare and lively conversation and you’ll know what we mean when we say “Welcome to Salt hill.”

## Salt hill Pub Shanty

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Newbury, NH 03255

www.salthillpub.com